## **Life Support Competency**

## AHA Refreshers for BLS, ACLS, and PALS Tuesday, March 16th, 2021

This is a competency refresher designed as a test and to renew your BLS, ACLS, and PALS certifications. Come to class ready to demonstrate your proficiency as life support resuscitationist professionals. Reference materials available to you in the back of the ambulance are permitted during exams and practical tests.

### Mandatory pre-requisites before coming to class:

#### BLS:

Review the BLS manual and protocols. Be ready to demonstrate high-quality BLS skills. Be prepared to support your partner in ACLS and PALS simulations.

#### ACLS:

- Review the ACLS manual and adult resuscitation protocols.
- Go to <a href="https://elearning.heart.org/mycourse/launchcourse/23291630">https://elearning.heart.org/mycourse/launchcourse/23291630</a>, take the ACLS precourse self-assessment, do the precourse work, pass the test with at least an 70%, and bring **both** of the results page with you to class.

#### PALS:

- Review the PALS manual and pediatric shock and resuscitation protocols.
- Go to https://elearning.heart.org/mycourse/launchcourse/23291653, take the precourse self-assessment, do the precourse work, pass the test with at least an 70%, and bring both of the results page with you to class.

### Agenda (refer to page two for details):

- Part 1 (2.5 hours):
  - o AHA video review (Science of Resuscitation, Systematic Approach, Team Dynamics, & Post Arrest Care)
  - BLS practice and testing (1-Rescuer Adult, 2-Rescuer Child, Infant, & Relief of Choking)
  - Written exams (BLS, ACLS, & PALS)
- Part 2 (2.5 hours): Scenarios & Testing (ACLS Megacodes & PALS Shock Cases)

All course locations are CMH EMS Headquarters (1525 N Oakland, Bolivar, MO) unless otherwise specified. More information contact: theron.becker@citizensmemorial.com

More information website: <a href="https://www.ozarksems.com/education.php">www.ozarksems.com/education.php</a> Registration form:

http://www.ozarksems.com/education-application.php



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**Daily Agenda Details** 

Hour	Classroom A			Classroom B		
	Description	Students	Instructors	Description	Students	Instructors
07:00 - 09:30	Videos BLS Skills Exams	open open	Emma McAntire			
09:30 - 12:00	Videos BLS Skills Exams	Kellie Wilson Kevin Schoen	Emma McAntire	Megacode PALS Scenario	open open	Morgan Young Ryan McDonald
12:00 - 14:30	Videos BLS Skills Exams	Eric Schmidt  Amanda Dickover  open	Emma McAntire	Megacode PALS Scenario	Kellie Wilson  Kevin Schoen  Gabriel Barnes	Morgan Young Ryan McDonald
14:30 - 17:00				Megacode PALS Scenario	Eric Schmidt  Amanda Dickover  open	Morgan Young Ryan McDonald

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More information contact: <a href="mailto:theron.becker@citizensmemorial.com">theron.becker@citizensmemorial.com</a>
More information website: <a href="mailto:www.ozarksems.com/education.php">www.ozarksems.com/education.php</a>
Registration form:



