Life Support Competency

AHA Refreshers for BLS, ACLS, and PALS

This is a competency refresher designed as a **test** and to renew your BLS, ACLS, and PALS certifications. Come to class ready to demonstrate your proficiency as life support resuscitationist professionals. Reference materials available to you in the back of the ambulance are permitted during exams and practical tests.

Pre-Hospital employees that should sign up:

• Jones, Comorgan (ACLS and PALS expire 12/31)

Wilson, Kellie (BLS expires 10/31)

Young, Allison (BLS is expired)

Note: All dates have been adjusted for COVID extensions.

Tuesday, September 15th, 2020

Sign-up Slots:

| | Times | Student Group | EMT or AEMT | EMT, AEMT, RN, or Paramedic | RN or Paramedic |
|-----|---------------|------------------|-----------------|-----------------------------|--------------------|
| | 07:00 - 12:00 | 1 | ☐ CLOSED | □ CLOSED | □ CLOSED |
| - | 09:30 - 14:30 | 2 | ☑ Sidwell, Cory | ☑ Weaver, Lucas | ☑ Bradley, Timothy |
| 100 | 12:00 - 17:00 | 3 | | ☑ Sloan, Dawn | ☑ Walker, William |

Pre-Requisites:

BLS:

• Review the BLS manual and protocols. Be ready to demonstrate high-quality BLS skills. Be prepared to support your partner in ACLS and PALS simulations.

ACLS:

- Review the ACLS manual and adult resuscitation protocols.
- Go to http://www.heart.org/eccstudent and take the ACLS pre-test (code: "acls15").

PALS:

- Review the PALS manual and pediatric shock and resuscitation protocols.
- Go to http://www.heart.org/eccstudent and take the PALS pre-test (code: "pals15").

All course locations are CMH EMS Headquarters (1525 N Oakland, Bolivar, MO) unless otherwise specified.



More information contact: theron.becker@citizensmemorial.com
More information website: www.ozarksems.com/education.php
Registration form:

http://www.ozarksems.com/education-application.php



Life Support Competency

Agenda (refer to page two for details):

- Part 1 (2.5 hours):
 - AHA video review (Science of Resuscitation, Systematic Approach, Team Dynamics, & Post Arrest Care)
 - o BLS practice and testing (1-Rescuer Adult, 2-Rescuer Child, Infant, & Relief of Choking)
 - Written exams (BLS, ACLS, & PALS)
- Part 2 (2.5 hours): Scenarios & Testing (ACLS Megacode & PALS Shock)

Daily Agenda Details

| Hour | Classroom A | | | Classroom B | | |
|---------------|-------------|---|----------------|-------------|---|---------------------------------|
| Hour | Group | Description | Instructor(s) | Group | Description | Instructor(s) |
| 07:00 - 09:30 | 1 | Part 1: - Videos - BLS Skills - Written Exams | CLOSED | | | |
| 09:30 - 12:00 | 2 | Part 1: - Videos - BLS Skills - Written Exams | McDonald, Ryan | 1 | Part 2: - Megacode Practice - Megacode Test - PALS Scenario Practice - PALS Scenario Test | CLOSED |
| 12:00 - 14:30 | 3 | Part 1: - Videos - BLS Skills - Written Exams | McDonald, Ryan | 2 | Part 2: - Megacode Practice - Megacode Test - PALS Scenario Practice - PALS Scenario Test | OKeefe, Bobby Young, Richard |
| 14:30 - 17:00 | | | | 3 | Part 2: - Megacode Practice - Megacode Test - PALS Scenario Practice - PALS Scenario Test | OKeefe, Bobby Young, Richard |

All course locations are CMH EMS Headquarters (1525 N Oakland, Bolivar, MO) unless otherwise specified.



